



Folsom Obstetrics & Gynecology No Children Policy

At Folsom OB/GYN, we are very concerned about the health and well being of our pregnant patients, their unborn babies, and your child. Our No Children Policy pertains to children over the age of 10 weeks and under the age of 10 years and stems from that concern.

As we do not typically see children as patients, our office was not designed to accommodate them. There are things in every room of our office that could potentially harm your child including, but not limited to, sharps containers, biohazard waste containers, medical equipment, and prescription drugs. The presence of a child in an exam room also severely limits the provider from both doing an exam if necessary and discussing delicate topics. To get the most out of your appointment it may be necessary for our providers to ask personal questions that are not always appropriate for children to hear.

The other concern is contagious diseases. Young children are commonly carriers of contagious diseases that could be harmful to unborn babies. Due to the close quarters of our waiting room, it would be impossible to avoid exposure to these diseases. To complicate the situation even more, most of these diseases are contagious before the child exhibits any symptoms.

The most common childhood illness of concern is chickenpox. The child is contagious before he/she breaks out with the rash. Although most adults have had exposure to chickenpox during their lives, occasionally we will have a patient who has never become immune. Infection with chickenpox as an adult tends to be much more severe than it is for a child. This is especially true with pregnant ladies. Depending on the time of exposure, the effects of the virus can range from pneumonia, birth defects, and in some cases even death.

Another virus of concern is rubella. Most women have been immunized against this as a child; however we are finding that the immunization is wearing off for some women. Most kids receive the rubella immunization as part of their routine series, but not all children are receiving all their immunizations as recommended. Infections with the rubella virus during the first trimester carry an 80% risk that the fetus will have significant birth defects.

Granted, these patients have an opportunity to be exposed to these and other illnesses during their pregnancy wherever they go, however we would like to allow our patients a sense of comfort and safety when they come to our office. If you have any questions please feel free to call us at (916)983-3500. Please sign below acknowledging that you understand our policy and will leave your child/children home in a safer environment.

Name _____ Signature _____

Date _____